



# Leafy Greens

## Amarant Red Cabbage



### Description

Amarant's stunning purple color and dense, compact heads, this cabbage is heat tolerant, allowing for early and main season growing. Amaranth stores well, too - it'll still be good for a couple months into the winter. Sweet and creamy when cooked, Amaranth is a great addition to all cabbage-related dishes in the kitchen and makes a gorgeous kraut.

### Planting Instructions

- Sow directly outside anytime 5/1 – 7/15
- Plant 3-4 seeds together in a group
- ¼" deep
- Spaced 18" between groups.
- Keep seeds evenly moist until germination
- Cabbage plants may be eaten by several different species of caterpillars. If they cause damage, hand remove caterpillars or spray organic BT.

**Date planted:**

**Number of seeds planted:**

**Growing Notes:**

**Harvest Notes:**