

# Flowers



## Bee Balm Native Wildflower



### Description

A perennial native wildflower that is easy to grow and good for the bees! Aka Wild Bergamot, Bee Balm competes well against weeds. Bee Balm feeds a diversity of wildlife including bees, butterflies, sphinx moths, and hummingbirds. Leaves and flowers taste like oregano and can be used as seasoning.

### Planting Instructions

- Direct sow outside 3/1-7/15.
- Hand broadcast (sow) seeds evenly over area.
- Full sun or part shade
- From seed, these plants can take 1-3 years to become established and large enough to flower.

**Date planted:**

**Number of seeds planted:**

**Growing Notes:**

**Harvest Notes:**